



## COME JOIN US

for a 3-day training  
with 20 CE's

- Add to your understanding and practitioner skills
- Become a trauma-informed practitioner understanding memory reconsolidation and brain mechanics
- Incorporate the highly effective Emotional Triggers Treatment protocol
- Help your clients clear their unresolved trauma and triggers



emotional  
triggers  
treatment



# Register Today!!

In-Person or Live Online

Contact:

**Catherine Warnock**

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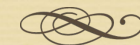
  
**mariposa**  
Counseling Center

## Emotional Triggers Treatment Basic Training Course



Aug 19-21,  
Sep 23-25, or  
Nov 11-13

Las Cruces, NM  
20 CEU's  
(NM Counseling Board)  
\$550 +tax



## Presenter



Catherine Warnock,  
LPCC, MA, NCC  
Mariposa Counseling Center  
3850 Foothills Rd, Unit 1  
Las Cruces, NM 88011  
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# emotional triggers treatment



## WHO SHOULD ATTEND THIS COURSE?

This first-level Basic Emotional Triggers Treatment Training is a 3-day course designed for practitioners in the healing professions including but not limited to: mental health providers, medical health providers, hypnotherapists, social workers, and other healing art professionals.

## Emotional Triggers Treatment (ETT) TRAINING COURSE CONTENT



Every day of this course includes lectures, practice sessions (dyads/triads), and relevant videos including ETT practitioners working with clients

### DAY 1

Introduction to ETT  
Fundamentals of Trauma  
Memory Reconsolidation  
ETT Intake Session

### DAY 2

ETT Session Preparation  
PTSD Interviewing  
ETT Session Protocol

### DAY 3

ETT Session Protocol Continued  
ETT Session Wrap-up

### COURSE OBJECTIVES

- Deepen understanding of psychological trauma to include the neuroscience of the brain, the lingering effects, and the behavioral consequences
- Learn, understand and apply the principles of Memory Reconsolidation
- Gain the ability to discuss and deliver Emotional Triggers Treatment with clients
- Emerge with an expanded set of therapeutic interventions and approaches for working with clients